



Discussion Prompts

The Discussion Prompts are provided to dig deeper into a sermon with the respective title mentioned on the right side of this guide (you can find the sermons at www.manheimbic.org/sermon).

Connect

Get to know each other. Connect, warm up to each other, fellowship. Just arrive after a long week of all kind of things. - Ask: Who are you personally?

Care

Carry each others burdens. Share life's challenges and practice Soul Care. Cry together. Support each other. Pray together. - Ask: How are you doing?

Challenge

Dive into God's word to learn from each others insight. Encourage & challenge each other to a godly life. - Ask: What is God teaching us today?

Study Guide:

Jonah's situation is definitely unique, but we can all end up in a dark place. Discouraged. Anxious. Confused. Tired. Angry. Hurt. Discouraged. Or just aware that we screwed up. By leading us through Jonah's response, Pastor Bryce gave us a pretty good road-map about how to react to a situation like that, and get out of it. Key to all that: **Living on a Prayer!**

As you converse with God here are four approaches that you can copy from Jonah. For the sake of application, think though the questions that accompany these four steps:

1. Raw acknowledgement of your situation

Whether or not you are in a dark spot, stop where you are and look at your life. How is your connection with God? How is your prayer life? Take an honest assessment.

=> Key to a good prayer life is knowing where you currently stand with God.

2. Sharing the weight of the situation

Either share with others, or think through it on your own: What weighs you down? What bothers you? Name the burden, the situation. Now bring it before God. In your prayer room, or with your friends bring the situation before God.

3. Honest repentance

As you share your burden, evaluate: Is there something to repent off? Rebellion against God. Distrust. Trying to do it on your own. - One aspect of *Repentance is returning to God*. What area of your life needs turning around - back to God?

4. Humble submission to God's authority

On a Post-it-note write down your new resolution, like "In ... Situation I will trust God's lead." Now, post it somewhere where you can frequently see it.

Clarify

Know what's to do next, with the studies text, within the group, and in general. Have a mission for the week. - Ask: How do we apply what we have learned?

Celebrate

Celebrate life's success and God's provision. Worship God's presence. Time to *brag* about God. - Ask: What has God done in our life that deserves praise?

JONAH - Living on a Prayer

They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. (Acts 2:42)



Initiate and nurture a Growing
Relationship with Christ