

HELLO! My name is:

I live locally at
.....
.....

My phone number is
.....

If you are in need of assistance due to COVID-19, I can help with:

- | | |
|---|--|
| <input type="checkbox"/> Picking up groceries | <input type="checkbox"/> Post-office Run |
| <input type="checkbox"/> Someone to talk to | <input type="checkbox"/> Urgent supplies |

Just call or text me and I'll do my best to help you (for free!)

I will take every precaution to ensure we are spreading only kindness by:
• Avoiding physical contact (6ft distance). • Washing hands regularly.
• Wearing a mask • Items will be left on your doorstep.

#ViralKindness

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