



# fill the pantry.

## shopping list:

- Peanut Butter & Strawberry Jelly
- Cereals
- Canned pineapples & pears
- Canned soups, chili & beef stew
- Canned ravioli
- Canned or jarred pasta sauce
- Boxed Potatoes
- Canned vegetables: corn, carrots, peas
- Applesauce
- Mac and cheese
- Dried pasta: spaghetti & egg noodles
- Spam
- Canned chicken
- Canned tuna
- Saltine crackers
- Rice-a-roni
- Toilet paper
- Toothpaste
- Shampoo & Conditioner
- women's hygiene products
- \_\_\_\_\_

We collect non perishable food items (no fresh or refrigerated items) for the **Manheim Central Food Pantry** in the month of **November**. To contribute, drop your items off in the lobby.

[manheimbic.org/pantry](http://manheimbic.org/pantry)

