mbic MANHEIM BIC CHURCH

Sermon-Based Discussion Guide

Date 7/19/26 Bryce Taylor
Watch the sermon at manheimbic.org/sermon.

BIBLE PASSAGES

Matthew 16:24 Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. **25** For whoever wants to save their life[f] will lose it, but whoever loses their life for me will find it. **26** What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul? **27** For the Son of Man is going to come in his Father's glory with his angels, and then he will reward each person according to what they have done.

Luke 10:38 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. **39** She had a sister called Mary, who sat at the Lord's feet listening to what he said. **40** But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" **41** "Martha, Martha," the Lord answered, "you are worried and upset about many things, **42** but few things are needed—or indeed only one.Mary has chosen what is better, and it will not be taken away from her."

Matthew 6:33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Proverbs 3:5 Trust in the LORD with all your heart and lean not on your own understanding **6** in all your ways submit to him, and he will make your paths straight. **7** Do not be wise in your own eyes; fear the LORD and shun evil **8** This will bring health to your body and nourishment to your bones. **9**

Other Passages: Psalm 46:10, Philippians 4:6-7

Connect:

Get to know each other. Connect, warm up to each other, and take time to fellowship.

Care:
Carry each other's burdens. Share life's challenges and practice Soul Care. Pray together.

Challenge:

1. We have all experienced being overwhelmed in one way or another. What is a recent example of being overwhelmed that you could share with the group?
2. Read together Matthew 16:24 -27 and take a moment to discuss what the pursuit of the world looks like, and maybe some examples that could contribute to the feeling of being overwhelmed in your own life. Hopefully we start to see how this can impact our Soul.
3. In Luke 10 Martha's stress made her ask Jesus, *"Don't you care?"* When you're overwhelmed, do you ever secretly feel like God doesn't care, or that He's ignoring your situation? Can you relate?
4. Martha seemed to fall into the trap of comparing herself to Mary, and I wonder if in our moments of being overwhelmed we might do the same. Why is this a dangerous road, and when might this come up in your life?
5. Mary had to leave chores unfinished to sit at Jesus' feet. What is a good or busy thing you need to say 'no' to this week so you can actually slow down and spend time with Him?

Clarify:
Does anyone need clarity on something? Are there any big God questions you are wrestling with?

Celebrate:
Celebrate life's successes and God's provision. Worship God's presence. Time to brag about God.

KEY TAKEAWAYS