

Sermon-Based Discussion Guide

Date 8/02/26 Jeff Dunlevy

Watch the sermon at manheimbic.org/sermon.



BIBLE PASSAGES

Philippians 4:4-13, “⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

¹⁰ I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.”

Connect:

Get to know each other. Connect, warm up to each other, and take time to fellowship.

Care:

Carry each other's burdens. Share life's challenges and practice Soul Care. Pray together.

Challenge:

1. The sermon began by asking, "**What steals your peace?**" What tends to rob you of peace most often? Finances? Relationships? Health? Work? Politics or the news? The future? Something else?
2. Paul says he "learned the secret of contentment." Why do you think contentment has to be learned rather than simply felt?
3. Paul says, "Let your gentleness be evident to all." Who is one person God may be calling you to show gentleness toward this week?
4. Philippians 4:8 tells us what to think about. What voices or influences most shape your thinking each day? Do they move you toward Christ or away from Him?
5. The Brethren in Christ tradition values *following Jesus together, peacemaking, prayer, and obedience*. How can our small group help one another experience Christ's peace instead of trying to carry burdens alone?

Clarify:

Does anyone need clarity on something? Are there any big God questions you are wrestling with?

Celebrate:

Celebrate life's successes and God's provision. Worship God's presence. Time to brag about God.

KEY TAKEAWAYS